Introduction;

This is an update report for the activities carried out among the Seeta Namuganga seniors, the UK supported area in the months of January- March 2019.

Beneficiary information:

The table below shows categories of supported seniors by UK.

<table>
<thead>
<tr>
<th>Number of sponsored seniors.</th>
<th>Number of seniors on the waiting list.</th>
<th>Number of village committee members.</th>
<th>Total numbers of beneficiaries.</th>
</tr>
</thead>
<tbody>
<tr>
<td>37</td>
<td>0</td>
<td>4</td>
<td>41</td>
</tr>
</tbody>
</table>

The fully supported seniors are 37, including the 2 who recently joined, and 4 village volunteer committee members (VVMC) making a total of 41 beneficiaries. The implementation of the project activities is over seen by Kato Eric Samuel supported by a field assistant called Joan Namuli.

The following are the objective through which the seniors were reached:

1. Improving the Christian faith (Activities)
   - Biweekly fellowships

5 seniors’ fellowships were conducted in which we had the following activities.

Free sharing: This is a time of interaction between seniors.

Singing: Seniors engage themselves in praise and worship songs while clapping and dancing for the Lord for those who are able.

Testimonies: They also enjoy sharing of what God has done in their lives.

The word: The sharing of the word is done by either Village volunteer, a ROTOM staff, spiritual leader in the community or a fellow senior who is able to do it.

Prayers: Calling upon the Lord’s intervention in our areas of need is another key activity done

General Words; to encourage and motivate seniors is done by staff and volunteers.

The attendance of the fellowship totalled up to 190 times and seniors were happy to participate in the different activities. They all were so excited to have come back from the Christmas break. The biweekly meetings are always looked up onto by seniors whenever we break off for Christmas. They all shared a nutritious meal twice a month even the ones who were not able to make it at the centre, their fellow seniors helped in delivering their meals to the homes. We facilitated seniors 14 times to attend the fellowships by providing them with funds to meet their transport fares. Such seniors have a desire to always be part of the meetings but they are either too weak or have leg pains that hinders their movements.

We have also started a new strategy of growing spiritually the field assistant and the village committee members by starting a weekly home cell for them where they will have some time together reading the bible and share the word and also encourage one another. We hope they will now be in a better position to lead the seniors after them growing to maturity. We have held one meeting together so far where 5 of us had a nice time together.
2. Home visits

We have made 21 home visits at senior’s homes, which included those that joined us in recently and those that received piglets to monitor on their progress. The piglets were all given an immunization injection to prevent them from some common infectious diseases.

We had a longer conversation on issues that make seniors to worry about the future. Such meetings give chance for deeper understanding of both persons and issues that concern them, and also find a way of getting possible solutions to address them together and strengthens our relationships. The visits are normally concluded with a prayer before we part.

On the other hand the village volunteer committee members and the field assistant also visited the seniors’ regularly and her visits totalled up to 222 visits.

3. Improving the physical and emotional health of seniors.

We had 22 seniors visit Kasawo mission hospital for treatment, 1 admission (UG004/012 Joyce Kabahinda) at ROTOM Health Centre (recovered) and 40 where reached through an outreach still by ROTOM Health Centre team. These all totalled up to 63 times seniors were treated.

On the other hand, senior UG004/040 Godfrey Kangawo is also admitted in the national referral hospital, being taken care of by his relatives for about a month now. We hope and pray that he will recover soon. We thank God because there was no death registered. We also provided all seniors with a bar of soap to help improve their hygiene and therefore limit diseases.
4. Improving the food and income security

All abled bodied seniors were provided with about 3 Kilograms of bean seeds (130 Kg in total) to be planted in the planting season and we also encouraged them to plant whatever they can possibly plant for food supply in their house hold. We have also encouraged them together with an agriculturalist to try adopting new and simpler skills of farming methods that is suitable to their abilities for better yields.

5. Special Projects
   - Beddings

The UK sponsored seniors were blessed with a donation that was specified for their beddings. The items that were bought included 5 beds, 14 mattresses, 30 pairs of bed sheets and 33 blankets (some items had been catered for by the special donation received from individual sponsors). This has made the senior’s sleep enjoyable and overcome some body effects of not sleeping well, and has also improved their hygiene as well.

We had two pitlatrines constructed in the quarter. ROTOM has been given a credit for the good job done in the villages reached for improving the hygiene in the community. Some of them are shared by neighbours whose latrines are risky or have non.
Challenges:
This area is always hit with extrem weather conditions in that during rainy season they experience floods and during sunny weather it becomes so dry compared to other areas. You will note in the income and expenditure report we over shoot under the food and income objective because we needed to give extra support.

Conclusion:
We thank all our supporters who have continued to generously contribute to our program work. May God reward you abundantly.